

**END  
POLIO  
NOW**

Rotary year 2025-26



**PROUD TO BE A  
ROTARIAN**

**CHECK  
THE T**  
STRIKE OFF THALASSEMIA



**Rotary**  
Club of Calcutta Empathy



**Club Bulletin for October 2025**



The Official Bulletin of Rotary Club of Calcutta Empathy, Rotary International District 3291

# Empathy

## Message from the President

### Gratitude for our Rotary Family

Rotary is often described as a service organization, and rightly so. But for those of us who experience it from within, it is much more than that. It is a community, a support system, and, in many ways, a family. And like any family, it thrives on care, respect, shared purpose, and above all, appreciation for one another.

Each one of you brings something unique to this Rotary family. Some of you lead from the front, organizing projects and guiding initiatives. Others work quietly behind the scenes, ensuring that every effort comes together seamlessly. Some contribute ideas that spark new directions, while others offer their time and energy to turn those ideas into reality. No role is too small, and no contribution goes unnoticed. It is the coming together of these diverse efforts that creates the strength and character of our club.

I have personally felt a deep sense of gratitude as I have watched our members step forward with enthusiasm and commitment. Whether it is participating in service projects, supporting club activities, or simply being present and engaged, your involvement is what keeps the spirit of Rotary alive. Your willingness to give—of your time, your ideas, and your compassion—is what transforms our intentions into impact.

Gratitude also extends beyond our immediate circle. We are fortunate to have partners, supporters, and community members who believe in our work and stand with us in our efforts. Their trust and collaboration enable us to reach further and achieve more. Let us remember to acknowledge and appreciate these connections, for they are an integral part of our success.

I would also like to acknowledge the families of our members, who often support our Rotary commitments in quiet but significant ways. Their understanding and encouragement allow us to dedicate time and energy to service, and for that, they too deserve our heartfelt thanks.

As President, I feel both honored and humbled to be part of this incredible Rotary family. The trust you have placed in me and the support you continue to extend mean more than words can fully express. Leading this club is not just a responsibility; it is a privilege made meaningful by each one of you.

Thank you for being the heart and soul of this Rotary family. Thank you for your dedication, your generosity, and your unwavering commitment to Service Above Self. And most importantly, thank you for being you.

## Updates from Swarad Swikriti Project

**Empathy Sharad Samman:** This is an initiative led by Rotary Club of Calcutta Empathy and supported by few other clubs. The projects aimed at addressing the below aspects of Rotary:

#1. **Diversity, Equity and Inclusion:** Specially-abled children from Morning Glory Integrated School went for pandal hopping along with their parents. An AC 52 seater bus for the children of our RCC was arranged by Club Empathy.

#2. **Public Awareness for Thalassemia Eradication:** Awareness banners were displayed at 80 reputed Puja pandals to spread the message of Thalassemia eradication.

#3. **Puja Committee Judgement & Awards:** Rotarians from Club Empathy and other clubs evaluated 80 pujas [on efforts, creativity etc] across Kolkata and awarded prizes in multiple categories. Scoring criteria circled around A.Theme execution, B. Sociability, C. Environment, D. Mother and child safety care. Please refer to the following news updates for awards: [https://youtu.be/CDHWGu3vy10?si=J9Nnnk\\_U3IUyYC7E](https://youtu.be/CDHWGu3vy10?si=J9Nnnk_U3IUyYC7E), <https://youtu.be/PfXzSkxri3U?si=I2lgeHG8vrN-spGe>

#4. **Promoting community economy and women's empowerment:** Club Empathy and participating Puja Committees identified 35 underprivileged women and provided them with utility kits as a gesture of support. The utility kit contained 16 items:1. Saree, 2. Gamcha, 3. Facewash, 4. Face Cream, 5. Rice, 6. Moong Dal, 7. Soyabin nuggets, 8. Besan, 9. Wheat, 10. Satto, 11. Biscuit, 12. Mustard oil, 13. Salt, 14. Sugar, 15. Muri, 16. Bhujia - in a Rotary Bag

Rotary DISTRICT 3291 UNITE FOR GOOD  
ROTARY INTERNATIONAL DISTRICT 3291 PRESENTS  
**শারদীয়া অম্বান ২০২৫**  
An initiative by:  
Rotary Club of Calcutta Empathy  
Organised with other Rotary Clubs :  
Calcutta Sutanuti | Behala | Calcutta Ganga Heritage  
Amelia Kolkata | Saltlake City Calcutta  
Saltlake Central | Kamarhati  
“বিয়ের আগে রক্ত পরীক্ষা করুন, থ্যালাসেমিয়া মুক্ত সন্তানকে পৃথিবীতে আনুন”

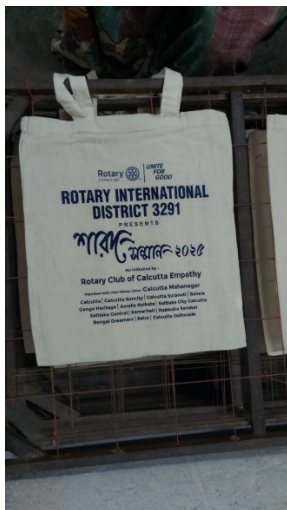
Rotary DISTRICT 3291 UNITE FOR GOOD  
‘প্রতিটি জীবন মূল্যবান অমূল্য থ্যালাসেমিয়া মুক্ত অম্বাজে গড়ি’  
থ্যালাসেমিয়া : অচেতনতায় বাঁচে জীবন

<b>থ্যালাসেমিয়া কী?</b> থ্যালাসেমিয়া একটি জিনগত রক্তের রোগ যেখানে শরীরে হিমোগ্লোবিন উৎপাদিত হয়। কিন্তু এটি স্বাভাবিকের চেয়ে কম বা বেশি হতে পারে। যদি এটি বেশি হলে তাহলে এটি থ্যালাসেমিয়া নামে পরিচিত।	<b>লক্ষণসমূহ:</b> • অতিরিক্ত দুর্বলতা ও ক্লান্তি • অতিরিক্ত পানি পান করার চাহিদা • হৃদযন্ত্র ক্রিয়া পরিষ্কার • ত্বকে কালো বিন্দু	<b>থ্যালাসেমিয়া কাদের হতে পারে?</b> • এটি হতে পারে দুর্বলতা, অস্বস্তি, হৃদযন্ত্র ক্রিয়া পরিষ্কার, অস্বস্তি, হৃদযন্ত্র ক্রিয়া পরিষ্কার, অস্বস্তি, হৃদযন্ত্র ক্রিয়া পরিষ্কার
<b>কীভাবে প্রতিরোধ করা যায়?</b> • রক্তের রোগ হলে এটি প্রতিরোধ করা যায়। • যদি রক্তের রোগ হলে তাহলে এটি প্রতিরোধ করা যায়। • রক্তের রোগ হলে তাহলে এটি প্রতিরোধ করা যায়।	<b>সচেতন হোন, রক্ত পরীক্ষা করুন — থ্যালাসেমিয়া মুক্ত সমাজে পদতুলুন!</b>	<b>আপনার করণীয়:</b> • রক্ত পরীক্ষা (Hb Electrophoresis / HPLC) করুন। • থ্যালাসেমিয়া মুক্ত সমাজে পদতুলুন। • পরিবার ও সমাজে সচেতনতা ছড়িয়ে দিন।

An initiative by: Rotary Club of Calcutta Empathy  
Organised with other Rotary Clubs :  
Calcutta | Calcutta Suncity | Calcutta Sutanuti | Behala | Ganga Heritage | Amelia Kolkata | Saltlake City Calcutta  
Saltlake Central | Kamarhati | Rabindra Sarobar | Bengal Dreamers | Belur | Calcutta Dalhousie Mahanagar

Follow Rotary Club of Calcutta Empathy on Both Facebook and Instagram

## Moments from this Month [Oct 2025]



## Members' Corner

### All Alone

Surojit Roy

Welcomed to this world with open arm,  
Was selflessly nurtured to face the world,  
Was mesmerized by nature's beauty and charm,  
From one experience to another view, my life swirled.

One day, by faith's own tragic turn of events,  
I was left to fend for myself, one amidst all,  
The initial days spent in memories, unkempt,  
Gradually coming to terms with the sudden fall.

The holidays are the cruelest of the lot,  
The festive season made my eyes wet,  
For work could make the past wounds clot,  
But the idle mind at home relived the past sweat.

While every man lives for his near one,  
I live for no one, only to lift the burden of life,  
Amidst the vast blue pond, I am like lonely swan,  
Others live life through others, while I only strive.

My world is made of me and my shadow,  
Of actions, and thoughts that are build around me,  
I am none to spend time, but many friend and foe,  
Though acquaintances are too many, none to call we.

Silence fills up the voids in my tranquil life,  
While others are tense on their future, I about my present,  
For others save and store, I have none for whom to hive  
While thoughts are aplenty, dialogues are absent.

## Announcements

### Birthdays

**Dr Subir G** 07<sup>th</sup> Oct  
**Dr Narayan B** 31<sup>st</sup> Oct

### Nov 2025 Meetings:

RCM 1 – 02<sup>nd</sup> Nov at 7.30 p.m. / RCM 2 – 23<sup>rd</sup> Nov at 7.30 p.m. / Board - 30<sup>th</sup> Nov at 7:30 p.m.



Basic  
Education  
& Literacy



Maternal &  
Child  
Health



Peace &  
Conflict  
Prevention/  
Resolution



Disease  
Prevention  
&  
Treatment



Water,  
Sanitation  
& Hygiene



Community &  
Economic  
Development



Support the  
Environment